

Curriculum Guide for Pre-K (Age 4)

SPIRITUAL DEVELOPMENT

Simple prayer
Religious holidays
Bible stories and songs

PRE-MATH SKILLS

Matching
Shapes (circle, square, triangle, rectangle, diamond, oval)
Numbers (#1-10 printing, recognition and object correspondence, oral counting to 30, counting by 10's)

PRE-READING SKILLS

Simple memorization
Words (recognition of a few small words)
Names (identification and printing practice)
Calendar skills (days of the week, months of the year)
Colors (review and extension activities of eight basic colors & color words)
Alphabet (recognition, phonetic sound, printing upper & lowercase letter)
Book-of-the-month units (a class made book to share with family)

SCIENCE

Computer
Five senses
Good health habits (proper nutrition, hygiene, etc.)
Weather and seasons (related seasonal activities)

SOCIAL STUDIES

Holidays
Family and self
Community (includes out of class and in class field trips)
Personal Safety (strangers, fire safety, emergency, etc.)

ABSTRACT THINKING

Memory exercises
Using imagination

PHYSICAL DEVELOPMENT

Gross Motor (M/F structured play with equipment such as parachute, bean bags, hula hoops, balls, blocks, etc.)
(W open play with tractors, scooters, mini trampolines, etc.)
Fine Motor (coloring, cutting, printing letters and numbers, tying, zipping, etc.)

MUSICAL DEVELOPMENT

Group singing
Simple songs and fingerplays

SOCIAL SKILLS

Good manners
Group participation
Following directions
Respecting authority
Sharing and turn taking
Appropriate self expression

CLASS SCHEDULE

9:00-9:20 - Open play and exploration centers
9:20-9:30 - Bathroom break
9:30-9:50 - Circle time & morning board activities
9:50-10:00 - Snack time
10:00-10:30 - Work Time (curriculum activities)
10:30-10:55 - Gross motor (structured play on M/F and open play on W)
10:55-11:30 - Work time (curriculum activities)
11:30 - Good behavior sticker charts