

# Curriculum Guide for Pre-K (age 4)

## **SPIRITUAL DEVELOPMENT**

Simple prayer  
Religious holidays  
Bible stories and songs

## **PRE-MATH SKILLS**

Matching  
Shapes (circle, square, triangle, rectangle, diamond, oval)  
Numbers (#1-10 printing, recognition and object correspondence,  
oral counting to 30, counting by 10's)

## **PRE-READING SKILLS**

Simple memorization  
Words (recognition of a few small words)  
Names (identification and printing practice)  
Calendar skills (days of the week, months of the year)  
Colors (review and extension activities of eight basic colors & color words)  
Alphabet (recognition, phonetic sound, printing upper & lowercase letter)  
Book-of-the-month units (a class made book to share with family)

## **SCIENCE**

Computer  
Five senses  
Good health habits (proper nutrition, hygiene, etc.)  
Weather and seasons (related seasonal activities)

## **SOCIAL STUDIES**

Holidays  
Family and self  
Community (includes out of class and in class field trips)  
Personal Safety (strangers, fire safety, emergency, etc.)

## **ABSTRACT THINKING**

Memory exercises  
Using imagination

**PHYSICAL DEVELOPMENT**

Gross Motor (M/F structured play with equipment such as parachute, bean bags, hula hoops, balls, blocks, etc.)  
(W open play with tractors, scooters, mini trampolines, etc.)

Fine Motor (coloring, cutting, printing letters and numbers, tying, zipping, etc.)

**MUSICAL DEVELOPMENT**

Group singing  
Simple songs and fingerplays

**SOCIAL SKILLS**

Good manners  
Group participation  
Following directions  
Respecting authority  
Sharing and turn taking  
Appropriate self expression

**CLASS SCHEDULE**

9:00-9:20	Open play and exploration centers
9:20-9:30	Bathroom break
9:30-9:50	Circle time & morning board activities
9:50-10:20	Work time (curriculum activities)
10:20-10:45	Gross motor (structured play on M/F and open play on W)
10:45-11:00	Snack time
11:00-11:30	Work time (curriculum activities) Good behavior sticker charts